# WHATCOM COUNTY Tobacco Use Statistics

### **ADULTS**

### Adult Tobacco Use

 Our most recent survey data showed that about 15.3% of adults in Whatcom County smoke cigarettes.<sup>1</sup>

### **Quit Line**

649 people from Whatcom County called the Quit Line last year.<sup>2</sup>

## YOUTH

# **Current Cigarette Smoking**

Our most recent survey data showed:<sup>3</sup>

6<sup>th</sup> grade: 1.8% in Whatcom County, and 2.0% statewide, reported they currently smoke cigarettes.

8<sup>th</sup> grade: 6.6% in Whatcom County, and 7.8% statewide, reported they currently smoke cigarettes.

10<sup>th</sup> grade: 12.4% in Whatcom County, and 13.0% statewide, reported they currently smoke cigarettes.

12<sup>th</sup> grade: 19.1% in Whatcom County, and 19.7% statewide, reported they currently smoke cigarettes.

# **PREGNANT WOMEN**

## **Smoking During Pregnancy**

- About 7.2% of pregnant women in Whatcom County smoke during pregnancy, compared to 10.2% statewide.<sup>4</sup>
- About 190 infants are born each year in Whatcom County to mothers who smoke during pregnancy.<sup>5</sup>

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<sup>1</sup> Data are from the 2004 Department of Health Behavioral Risk Factor Surveillance System (BRFSS). A 'current smoker' reports having smoked at least 100 cigarettes in their lifetime and also responds "every day" or "some days" to the question "Do you smoke cigarettes now?" This estimate has a ±4.3% margin of error – this means that the "true" population value (percent of current smokers) is most likely somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

- <sup>2</sup> Data include counts of tobacco users, health care provider, and other callers seeking information from the Washington State Tobacco Quit Line between January 1, 2005, and December 31, 2005, who identified themselves as being residents of Whatcom County.
- <sup>3</sup> Data for Whatcom County were collected from youth who participated in the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates in Whatcom County are: 6<sup>th</sup> grade (±0.6%), 8<sup>th</sup> grade (±1.4%), 10<sup>th</sup> grade (±1.6%), and 12<sup>th</sup> grade (±2.4%). This means that the "true" population value (percent of current smokers) is somewhere in this range of the reported percentage, but may not be exactly equal to the reported percentage.

Data for Washington were collected as part of a statewide sample of youth for the Washington State Healthy Youth Survey (HYS) in Fall 2004. The margins of error for estimates are:  $6^{th}$  grade ( $\pm 0.4\%$ ),  $8^{th}$  grade ( $\pm 1.0\%$ ),  $10^{th}$  grade ( $\pm 1.4\%$ ), and  $12^{th}$  grade ( $\pm 2.2\%$ ).

- <sup>4</sup> Data are from 2004 Washington State Birth Certificates. The margin of error for Whatcom County is  $(\pm 1.1\%)$ ; the margin of error for Washington State is  $(\pm 0.2\%)$ . Women who indicate that they smoke at all during pregnancy are classified as smokers. Health risk behaviors like smoking during pregnancy may be underreported due to growing social unacceptability of unhealthy behaviors during pregnancy.
- <sup>5</sup> The number of infants born to mothers who smoke during pregnancy are calculated using an average of the births to mothers who report smoking on the Birth Certificate from 2001-2004. The estimate is rounded to the nearest factor of ten.